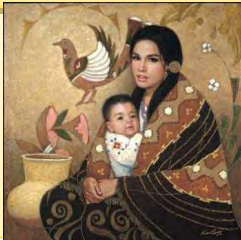


OUR MANDATE

Our mandate is to provide programs that nurture family wellness, positive parent-child relationships and to build on parenting knowledge and skills.

OUR VISION

Nurturing families living in peace. We are committed to building a safe and healthy community.



Awo Taan Healing Lodge Centre– Parent Link strives to assist all families develop healthy lifestyles including their, physical, mental, emotional and spiritual growth. With our support, program and activities, we are committed to nurture this growth.

Awo Taan Healing Lodge

Parent Link Centre

100 1603 10 Ave SW
Calgary, Alberta T3C 0J7
Tel: (403) 531-1880
Fax: (403) 531-1884
www.awotaan.org

Email: info-parentlink@awotaan.org
Calgary Transit Bus Route: 6/106, 414 & 17

HOURS OF OPERATION

Wheelchair Accessible



parentLINKcentre

HOURS OF OPERATION
Monday thru Friday — 9am to 5pm



Government of Alberta

Awo Taan Healing Lodge

Parent Link Centre

We believe all people could live in a world that nurtures physical, mental, emotional and spiritual wellness.



Guided by Native cultural values and traditional teachings, Awo Taan Healing Lodge – Parent Link Centre provides high-quality, comprehensive, accessible, community based programs that comply with province wide standards of excellence and respond to the changing needs of parents and families.

**Family Support, Early Childhood
Development,
Parent Education, Information
& Referrals**

Parent Resource Library

Access our collection of literature and videos on parenting

Toy Lending Library

Borrow from a wide variety of toys, books and games for children and teens

Parent & Tot Playtime

participate in organized crafts and various Activities for children aged 3-6.

Good Food Box

Choose from 3 sizes of food boxes with fresh vegetables and fruits at minimal costs

Computer Access Program

Free computer access to research employment, parenting resources, housing, transportation, etc.

Sewing & Beading Classes

Do you like or want to learn or show how to sew and bead? Sewing machines, serger and materials are provided.



**Core Services
&
Programs**

PARENTING PROGRAMS

Enhance parenting skills and expand knowledge of child development

Kid's Circle

Interact with your child through play, dance, songs, and drumming. Story time for children with their parents.

TRIPLE P

(POSITIVE PARENTING PROGRAM)

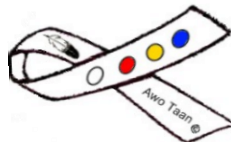
Now being offered here at our centre. Our certified facilitators can design a parenting program for individuals or groups

Presentations & Workshops

Improve skills and develop knowledge through workshops and presentations in areas of literacy, parenting, nutrition, childcare, and much more

Dads are Important too!

Support for male parents including Aboriginal based teachings and values. We encourage all fathers to take advantage of our programs and services



Awo Taan's official Pin!

Call (403) 531-1970 Ext. 200

**SPECIAL EVENTS &
CELEBRATIONS**

Watch for flyers advertising our celebrations and special events.

Drop-in for Tea & Socializing

Sewing & Beading Workshops every Tuesday @ 9:30am!

Healing Circles & Cultural Teachings

Visit and talk with our wellness workers and connect with Native traditions and ceremonies. Participate in healing and sharing circles

Men's Healing/Sharing Circles

Please contact our office if interested in joining a circle for men only.

Healing Circles

Held every Wednesday (Men's 10:30am, Women's 1:30pm). Lunch Included! Support for counseling, referrals when required; education and awareness of family violence and relationship dynamics

Information & Referrals

Information and referrals to other service providers and professionals to strengthen all families living in Calgary

Note: for specific times of programs, please call 531-1880 ext 200, or ask for our **monthly calendar** of activities.