

Awo Taan

Definition: "Shield" A Blackfoot name given to the society for protection for the families using the services of Awo Taan.

Our Vision:

"Nurturing families living in peace."

Our Mission:

"To provide community services, guided by Aboriginal traditional teachings, to anyone affected by family violence and abuse."



Funding Provided By:

Alberta
Children and
Youth Services

Community Resource Youth Worker

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Awo Taan Healing Lodge Society

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Kids Help Phone:

(403) 1 800 668-6868

- MOCA- Millican Ogden Community Association 2734 - 76 Avenue SE
(403) 720-3322
- Awo Taan - Parent Link
100 1603 10th Avenue SW
(403) 531-1880
- Heart of the North East
Community Solutions Resource
Center 2623 - 56 Street NE
(403) 293-5467
- North of McKnight Community
Resource Center 95 Falshire Drive
NE (403) 293-0424

For More Information:

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Awo Taan Aboriginal Youth & Family Support Program



**Shield Against the Storm...
A Light on the Path to Family
Wellness...**

Aboriginal Youth & Family Support Program

“Embracing Our Youth”

The Youth & Family Support Program focuses on Aboriginal youth in the Calgary Area to empower and embrace their Aboriginal identity. Guiding the youth to excel in academics, spiritual, and social aspects. The sessions are focused on the Seven Scared Teachings: love, respect, honesty, wisdom, bravery, humility, and truth. The Four Directions of the Medicine Wheel: Mental, Physical, Spiritual, and Social aspects will also be incorporated in the program.

Family Dynamics & Parenting Skill Development:

- Youth are our Future! Empower your Child to be the best they can be!
- Dealing with difficult people & Stress
- Financial plans for the Present & Future
- Parent Sharing Circles
- Access to Elders!
- Native Languages
- Communication with your adolescent/teen
- Sewing Pow wow Regalia & Beading
- Self Esteem & Motivation!

Aboriginal Youth Cultural & Appreciation Pride Initiative:

An after school program which provides teachings on:

- Importance of our Elders! & Elder visit
- Traditional Games!
- Youth Sharing Circles
- Smudging and other scared ceremonies through “Rites of passage”
- Traditional Male and Female roles
- Traditional food and preparation
- Traditional crafts
- Medicine Wheel
- Historical Events
- Residential school Info session with Elders and survivors
- Pow wow dancing
- Importance of preserving our traditional languages
- Traditional Foods & Preparation
- Mint, Sage, Sweet grass, picking!
- Traditional Story telling & Dramatic Skits!
- Drumming & Singing

Educational & Personal Development:

- Study skills
- Tutoring
- Bullying Prevention
- Depression/ Suicide Prevention
- Job Shadowing & Career Planning
- Post Secondary Tours
- Mentoring & Role modeling!
- Makeovers & Modeling Session (fashion show)!!
- Peer Influence & Positive Relationships
- Conflict Resolution & Stress Management
- Family Violence Prevention
- Sexual Communication, AIDS Awareness, and Teenage Dating
- Gangs and Violence
- Building A Positive Self- Image
- Youth Healing Circles
- Time Management
- Homework Nights!
- Peer Tutoring
- Volunteering Opportunities!
- Job preparation 101
- Goal Setting
- Health & Nutrition!

